

# **On-demand care** with Sydney Health

## Visit with a doctor on your time

The Sydney Health<sup>™</sup> mobile app can quickly assess your symptoms when you're sick and help you connect with a doctor for all types of care.

#### **Assess your symptoms**

When you're sick, use the Symptom Checker on Sydney Health to answer a few questions about how you're feeling. Sydney Health will run that information against millions of medical data points and provide advice tailored to you.

#### **Connect with a doctor**

Doctors are available through the Sydney Health app 24/7 to provide virtual primary care services. You have unlimited chat visits available to ensure all your healthcare needs are covered.

Use Sydney Health for:

- Routine care, including wellness check-ins and prescription refills.
- Chronic condition help for issues like high blood pressure.
- Minor health issues, such as allergies or a cold.

#### Save money

Sydney Health brings healthcare to you anywhere at any time. The Symptom Checker is always free to use, and virtual primary care visits through the app are \$0.\*



### Download the Sydney Health mobile app.

Set up your account today so it's ready to use when you need it.



<sup>\*</sup> If you have a high-deductible health plan, the price of a visit will be \$19 upon your 2022 plan renewal date if you have not met your deductible.

Sydney Health is offered through an arrangement with CareMarket, Inc., a separate company offering mobile application services on behalf of Anthem Blue Cross and Blue Shield @2021-2022.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Boorgia: Blue Cross Blue Shield Healther Plans, Inc. In Reinzer Plans of Beorgia, Inc. In Indiana; Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans, of Kentucky, Inc. In Maine: Anthem Health Plans, of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOIDE® Managed Care, Inc. (RT) Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RT and certain affiliates administer non-HMO benefits underwritten by HAU Cand MMO benefits underwritten by HAU Cand, Inc, de Min MO Evadu, In We Hampshire: Anthem Health Plans of New Hampshire: Anthem Health Plans of New Hampshire; Inc. HMO Plans, Inc. In Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc, data MMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire; Inc. HMO Plans of New Hampshire; Inc. and underwritten by MAtthew Thornton Health Plans, Inc. In Dia: Community Insurance Company. In Virginia; Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia; and Its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PP and Indemnity policies and underwrites the out of network benefits in POS policies and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. IN and State Route 123. In Wisconsin (WCIC). Compcare underwrites or administers WCI underwrites or administers WeI Priority HMO or POS policies. Independent licensees of the Blue Cross and Blue Shield Association. Anthem is a registe